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Teaching the Student with a Visual Impairment Catalog Number: 1-08290-01

Teaching the Student with a Visual Impairment



Materials Tote

Orientation and Mobility Checklist

Reference Chapter 3

Orientation and Mobility Progress Evaluation of Students Who Are Blind or Visually Impaired

It is suggested that the teacher rely mostly on personal observation to complete this checklist. Ask the student only in the absence of any observational opportunities.

O & M instruction sometimes overlaps with independent living skills training. For example, it is not enough for a young student merely to locate a restroom. He/she may need instruction in finding an empty stall or urinal, locating a sink, finding the soap dispenser, paper towel holder or air-dry machine, or waste basket. Students with low vision ought not be exempted from responsibilities other students must assume. The difference is that a student who is visually impaired may need additional instruction in how to handle mistakes and clean up after accidents.

The cafeteria environment offers another example of overlapping needs. The student with low vision may be able to find the cafeteria independently, but may require additional instruction to function adequately. At different maturity levels different activities and responsibilities. A very young student may need someone to carry a plate of food or a tray while he/she concentrates on moving through a line, handling a white cane, managing a backpack, and finding a seat. As the student matures, however, these details should be manageable for the student after proper instruction and with opportunity and encouragement.

Teachers are advised that the following O & M Checklist is generic. At different age and experience levels students may require more related O & M instruction. We encourage you to perform more extensive observations, make specific notes, ask questions of your students other teachers, even revise the checklist to fit your needs in order to work most effectively with your student.

The purpose of the checklist is to help you determine:

- Student's knowledge of school environment
- Student's ability to travel independently in school environment
- Student's need for assistance

ORIENTATION & MOBILITY CHECKLIST

Teacher:	Date:			
This completed form may aler referral form and they may use	•		•	attached to a
ļ	Independent	Instruction Needed	Temporary Assistance	Long-Term Assistance
Enter proper school entrance	_	О		
Find & enter classroom	О	О		
Find locker or coat rack	О		□	
Find appropriate seat				
Maneuver through classroom	О			
Find equipment, supplies, work stations, etc.				
Find restrooms				
Manage fire drills	О	О		
Find other classrooms or other school areas				
Find & maneuver on outdoor school grounds, playground				
Find & maneuver adequately on sports playing fields				
Find & maneuver adequately at school functions		0		
O&M needs for field trips	o			
Find appropriate transportatio from entrance of school (bus, auto, etc.)	n 🗇	0		